

Celebrate Children!

Rediscover the Child in You



Playing is Learning!

Exercise your mirth muscles, let your hair down, and allow your inner child to come out and play! Join Sharron as she shares a cornucopia of practical and playful ideas; including music, movement and creative activities to help you live, love, laugh, and learn with children. Discover how to create a nourishing environment where children and adults can flourish and reach their potential.

Introductions & Greetings:

1. T-E-N-S

- T = Touch= Shake your neighbors hand
- E = Eyes = Look your neighbor in the eyes
- N = Name = "Hi, my name is _____."
- S = Smile

2. Hello Neighbor (Tune: "Good Night Ladies")

- | | |
|---------------------|---|
| Hello neighbor | (wave to partner) |
| What do you say? | (give high five) |
| It's going to be | (slap thighs, clap hands, tap partners' hands) |
| A hap-py day. | (slap thighs, clap hands, tap partners' hands, slap thighs) |
|
 | |
| Greet your neighbor | (shake hands) |
| Boogie on down. | (wiggle hips down toward ground) |
| Give a bump, | (hips touch or bump each other) |
| And turn around. | (turn yourself around in a circle) |

3. Build A Bridge --Song: *Build A Bridge* by Angela Russ (CD: "Smart Moves 2")

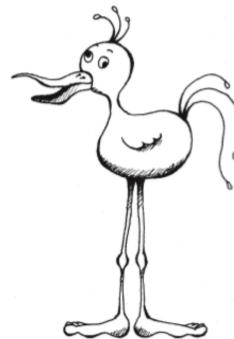
Socialization

ER = Endorphin Release

What Do You Remember Most About School?

Mother Goonie Bird (Tune: "Father Abraham")

- Chorus:
Mother Goonie Bird had seven chicks.
Seven chicks had Mother Goonie Bird.
They couldn't fly (flap arms at sides of body like flying)
They couldn't swim (move arms as if swimming)
They could only go like this...
Hit chest with right fist and sing chorus
Add: left fist
Add: right foot
Add: left foot
Add: hips
Add: head
Add: turn yourself around
End with "ker-plop!" as you sit or fall down on the floor



Sharron Krull

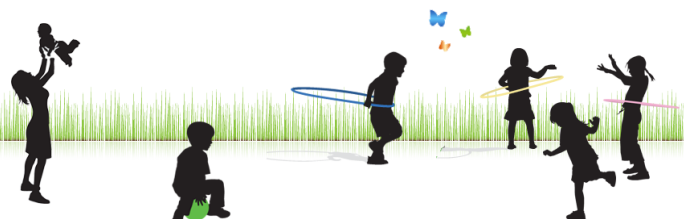
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Fish Frame of Mind

Play
Be There
Make Their Day
Choose Your Attitude



Playing is Learning!

Risks

The Three Little Pigs Dramatization

Meeting Core Content Standards

Playing is Learning

Closing Celebration With Scarves:

The thin nylon Juggling Scarf has unlimited possibilities of play value. This “loose material” is lightweight and easy for children of any age—infants, toddlers, preschoolers and school-agers—to manipulate and use to promote gross motor and fine motor development. Scarf play helps with hand-eye coordination and encourages movement of eyes and hands to cross the midline...important pre-reading and writing skills.

The scarf lends itself to exploring colors and shapes. Ask children what shape their scarf is. Can they make the scarf into a smaller square? Can you make it into a triangle? Can it become a rectangle? Of course, discuss the geometric properties of each shape as they are made. Lay all the scarves on the floor in color groups to see a graph of colors. Talk about sorting, quantities, more/less.

Use your imagination and be creative with the scarf...it can be a tail on a horse, a butterfly, etc. Run with it and pretend it's a kite. Look at the world through the tint of the fine mesh fabric. What do you see? What else can you do with your scarf?

You don't have to be a magician to conduct age appropriate activities that involve all children in scarf play. Just follow the child's lead and have fun! Here are some ideas.

- Throw the scarf in the air with one hand and catch with the other.
- Try clapping once or twice before catching it.
- Toss the scarf in the air, spin around, and catch it.
- Throw it up in the air and clap until it touches the ground. Did you count how many claps it took?
- Toss the scarf and try to have it land on different body parts (hand, elbow, foot, back, and head).
- Travel around the room with the scarf on a body part; try not to let it fall.
- Toss and catch with a partner.
- Hold the scarf together with a friend.
- Put on some favorite music and dance with the scarf.

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- Play "Follow the Leader." The child at the head of the line does a movement with the scarf and all children will copy that movement (i.e., waving scarf overhead, swinging arms back and forth, jumping with the scarf, galloping with the scarf, etc.) When the music stops the child that was at the front of the line goes to the back and the next child in line becomes the leader. The music starts again and the game continues until everyone has had a chance to be the leader.
- Shake Your Boom Boom --Song: *Shake Your Boom Boom* by Angela Russ (CD: Smart Moves 3)

Resources:

- Brown, Stuart. *Play: How It Shapes the Brain, Opens the Imagination and Invigorates the Soul*
- Carey, William. *Understanding Your Child's Temperament*
- Celsi, Teresa. *The Fourth Little Pig*
- Community Playthings. *The Wisdom of Play: How Children Learn to Make Sense of the World*
- Elkind, David. *The Power of Play: How Spontaneous, Imaginative Activities Lead to Happier, Healthier Children*
- Galinsky, Ellen. *Mind in the Making: The Seven Essential life Skills Every Child Needs*
- Hannaford, Carla. *Smart Moves: Why Learning Is Not All In Your Head*
- Healy, Jane. *Your Child's Growing Mind: Brain Development and Learning From Birth to Adolescence*
- Hirsh-Pasek, K. & Golinkoff, R. M. *Einstein Never Used Flash Cards: How Our Children Really Learn and Why They Need to Play More and Memorize Less*
- Hirsh-Pasek, K., Golinkoff, R. M. & Singer, D. G. (Eds.) *Play=Learning: How Play Motivates and Enhances Children's Cognitive and Social-Emotional Growth*
- Krull, Sharron. *Play Power: Games & Activities for Young Children DVD*
www.sharronkrull.com
- Louv, Richard. *Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder*
- Lundin, S. C., Paul, H., & Christensen, J. *FISH! Catch the Energy & Release the Potential*
- Medina, John. *Brain Rules: 12 Principles for Surviving and Thriving at Work, Home, and School*
- Medina, John. *Brain Rules for Baby: How to Raise a Smart and Happy Child from Zero to Five*
- Ratey, John. *Spark: The Revolutionary New Science of Exercise and the Brain*
- Zigler, E. F., Singer, D. G. & Bishop-Josef, S. J. (Eds.) *Children's Play: The Roots of Reading*
www.AbridgeClub.com (Song: *Build A Bridge* by Angela Russ)
www.cde.ca.gov/be/st/ss (California State Board of Education Content Standards)
www.discountsschoolsupply.com (Discount School Supply)
www.gregandsteve.com (Song: *The Three Little Pigs*)

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