

# Mingle, Mingle, Mingle

Great for breaking the ice, socialization and having fun.



**Playing is Learning!**

## Materials

Indoor or outdoor space with boundaries

## Procedure

- Children standing or sitting as they listen and watch as the directions are given and demonstrated.
- Children are to walk in the shared space and shake hands with one another as they chant or sing, "Min-gle, Min-gle, Min-gle," "Min-gle, Min-gle, Min-gle," "Min-gle, Min-gle, Min-gle."
- When the command "groups of two linking elbows" is given, children are to find another person and link inside elbows.
- When the teacher/game leader starts chanting "Min-gle, Min-gle, Min-gle" children are to unlink elbows and resume walking around in the shared space chanting, "Min-gle, Min-gle, Min-gle," and shaking hands with each other until another command is given.
- Other commands may be:
  - Groups of 4 shoulder to shoulder
  - Groups of 3 knee to knee
  - Groups of 6 joined at the hipsThere is no right or wrong way to connect body parts to each other. Point out the different ways that each group completed the challenge.

## Learning Outcomes/Goals

- Physical activity: any bodily movement produced by skeletal muscles that results in energy expenditure
- Gross motor skills: using the large muscles of the arms, legs and trunk(to perform traveling actions)
- Mathematics: promote concepts of number and counting
- Problem solving: to seek solutions in difficult situations (children quickly realize that they may not have the correct number of people. See how they discover to solve the problem)
- Body Awareness: knowing and understanding the whole body and its parts and function
- Space awareness: knowing where the body can and should move in relationship to other people in the play space
- Shared space: all of the designated play space that can be used by everyone.
- Cooperative play: games and activities that the participants play together rather than against one another

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